

Title: Gymnastics

Year Group: 4

Term: Spring

Rolls



Head, Hand and Heart



MOTIVATED

Gymnastics



Key Learning

- ✓ Perform a straight jump, half turn with accuracy and control.
- ✓ Perform a straight jump, full turn with accuracy and control.
- ✓ Perform a hurdle step from a run.
- ✓ Perform a 'squat on' onto a low height.
- ✓ Perform a 'squat on' on a vault from a springboard with a run.
- ✓ Perform a 'straddle on' onto a low height.
- ✓ Perform a forward roll from standing.
- ✓ Perform a backwards roll with a slope.

PROUD

Jumps

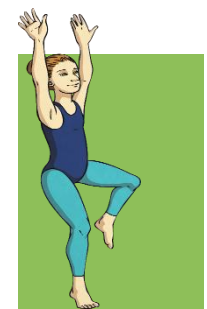
squat onto vault



straddle onto vault



straight jump half turn



cat leap



twinkl.com

SUCCESSFUL